

**Parks & Recreation  
Monthly Update**



*Please pass this on to  
your friends.*

**New Fitness Course at Crest Lake Park**



There is a new fitness course geared toward older adults located at Crest Lake Park. The fitness course provides strengthening, flexibility, and balance activities that address the major components of a well-rounded fitness program for active older adults. The new fitness course is designed to enhance a typical outdoor walk by adding strengthening and stretching activities. The equipment is made of durable, waterproof material and is almost maintenance free. Each fitness station includes three sides. Two of the three sides offer activities with two different challenges, while the third side is an informational sign. This is an important feature to Clearwater's many offerings because older adults are the fastest growing segment of the population in the United States. There are approximately 23,000 residents, age 65 or older, in Clearwater. That makes

up 21.5% of Clearwater's population. Next time you visit Crest Lake Park be sure to check out the new fitness course. Crest Lake Park is located at 201 Glenwood Ave.

**Recreation Centers Host Egg Hunts**

Come enjoy the Easter activities taking place at your local recreation center.

- Clearwater Beach Recreation Center will be hosting a free egg hunt for all ages on April 6 at 6 p.m. 69 Bay Esplanade, 669-6138
- Countryside Recreation Center will be hosting an egg hunt on April 7 at 9 a.m. 2640 Sabal Springs Dr., 669-1914
- Morningside Recreation Center will be hosting an egg hunt for all ages on April 7 at 10 a.m. 2400 Harn Blvd., 507-4065

**54th Annual Fun 'n Sun Festival**

Back for its 54th year, Clearwater's annual Fun 'N Sun Festival begins on Thursday April 19 with the Clearwater Threshers Fun 'N Sun Night at Bright House Networks Field and concludes on May

6 with the Fun 'N Sun Cinco De Mayo Celebration at Coachman Park. The first weekend of the festival includes the WSJT Smooth Jazz Festival featuring Kirk Whalum on Friday and Brian McKnight on Saturday. On Sunday, April 22 bring a picnic to Coachman Park and enjoy the free Florida Orchestra concert. This year's festival is packed with a variety of events, from Frenchy's 5K Gumbo and 1 Mile Run to the CHS Alumni Association Golf Classic to Brunch with the Birds and the 2nd Annual Spring Pet Fair. The second weekend is highlighted by two concerts at Coachman Park including the WQYK Fun 'N Sun Country Concert on April 28 and the QFest Rocks the Park Concert on April 29. The last weekend features the annual Fun 'N Sun Festival Parade on Friday, May 4 beginning at 7 p.m. For more information call 562-4800 or visit [www.myclearwater.com](http://www.myclearwater.com).



**Summer Camp Registration**

Don't forget to register your child for summer camp at any one of the City of Clearwater recreation centers. Clearwater offers numerous camps to suit your child's needs including art, nature, science, swimming, sports and more. Registration is ongoing. Call 793-2339 or stop by your nearest Clearwater recreation center or visit [www.myclearwater.com](http://www.myclearwater.com) to find out more information. Hurry, don't miss out on the summer fun!



To receive this newsletter monthly, sign up on [www.myclearwater.com](http://www.myclearwater.com).

**April 2007**

**April 6**  
**First Friday Parents Night Out (ages 5 - 13)**  
Morningside Recreation Center  
2400 Harn Blvd.  
5:30 - 8:30 p.m., 507-4065

**Ninja Camp (ages 6 - 11)**  
Moccasin Lake Nature Park  
2750 Park Trail Ln.  
6 - 9 p.m., 462-6024

**Egg Hunt**  
Clearwater Beach Rec. Center  
69 Bay Esplanade  
Free, 6 p.m., 462-6138

**April 7**  
**Egg Hunt**  
Countryside Recreation Center  
2640 Sabal Springs Dr.  
9 a.m., 669-1914

**Egg Festival**  
Morningside Recreation Center  
2400 Harn Blvd.  
10 a.m., 507-4065

**April 8**  
**Modern Tai Chi for Beginning Students**  
Moccasin Lake Nature Park  
2750 Park Trail Ln.  
1 - 3 p.m., 462-6024

**April 12**  
**Night Hike**  
Moccasin Lake Nature Park  
2750 Park Trail Ln.  
8 p.m., 462-6024

**April 13**  
**Tennis Social**  
McMullen Tennis Complex  
1000 Edenville Ave.  
6:30 p.m., 669-1919

**April 13 & 14**  
**15th Annual Clearwater Rotary KMT**  
Coachman Park, 301 Drew St.  
[www.clearwaterrotary.org](http://www.clearwaterrotary.org)

**April 14**  
**Healthy Kids Day**  
Glen Oaks Park, 1345 Court St.  
9 - 11 a.m., 793-2339

**Swim Fest 2007**  
North Greenwood  
900 N. MLK Jr. Ave.  
Free, 10 a.m.- 2 p.m., 462-6276

**Fireside Concert Series**  
Moccasin Lake Nature Park  
2750 Park Trail Ln.  
7 - 9 p.m., 462-6024

**April 15**  
**Clearwater Chorus Concert presents "Stage and Screen"**  
Ruth Eckerd Hall  
1111 McMullen Booth Rd.  
2 p.m., 791-7400  
[www.rutheckerdhall.com](http://www.rutheckerdhall.com)

**Bark At The Ballpark I**  
Bright House Networks Field  
601 Old Coachman Road  
1 p.m., 467-4457

**April 17**  
**Night of the Arts**  
Skycrest Elementary School  
10 N Corona Ave  
6 p.m., 562-4814

**April 20 & April 21**  
**12th Annual WSJT Smooth Jazz Fest**  
Coachman Park, 301 Drew Street  
[www.wsjt.com](http://www.wsjt.com)

**April 20**  
**C.H.S. Alumni Association Golf Tournament**  
Clearwater Country Club  
1:15 p.m., Jim Barber at 215-2614 or [ringerman2@aol.com](mailto:ringerman2@aol.com)

**April 21**  
**Frenchy's 5K Gumbo Classic and 1 Mile Run**  
Rockaway Pier, 7 Rockaway St.  
8 a.m. Registration/Check-in from 6:30 - 8 a.m.  
[www.frenchysonline.com](http://www.frenchysonline.com)

**Home Buying Class**  
Ross Norton  
1426 S. MLK Jr. Ave.  
8 a.m. - 4 p.m., 462-6025

**Free Skateboarding Clinics**  
Ross Norton Recreation Complex  
1426 S. MLK Jr. Ave.  
10 a.m. - 12 p.m. with Paid Entry into Park 688 Skatepark, Team Demo at 1 p.m., 462-6025

**Fun 'N Sun Girls Basketball Tournament**  
Hosted by Green Wave  
Long Center, North Greenwood & Ross Norton Recreation Center  
8 a.m. - 11 p.m., 669-1361

**April 22**  
**Traditional Tai Chi**  
Moccasin Lake Nature Park  
2750 Park Trail Ln.  
1 - 3 p.m., 462-6024

**Ice Cream Sundae**  
North Greenwood  
900 N. MLK Jr. Ave.  
1 - 3 p.m., 462-6276

**Florida Orchestra Concert**  
Coachman Park  
301 Drew Street  
Free, 7:30 p.m., 562-4800

**April 25**  
**Moonlight Meanderings Night Walk & Campfire**  
Moccasin Lake Nature Park  
2750 Park Trail Ln.  
7 p.m., 462-6024

**April 26**  
**Mike Alstott Celebrity Softball Game**  
Bright House Networks Field  
601 Old Coachman Rd.  
Gates open at 5 p.m., 467-4457

**April 27**  
**Free Game of Skate**  
with Paid Park Entry  
Ross Norton Recreation Complex  
1426 S. MLK Jr. Ave.  
7 p.m., 462-6025

**April 27 & 28**  
**Relay For Life**  
Bright House Networks Field  
601 Old Coachman Rd.  
Free, 6 p.m. Friday - 12 p.m. Saturday

**April 27, 28 & 29**  
**Fun 'N Sun YBOA Clearwater Classic**  
North Greenwood, Ross Norton, Long Center and Countryside Recreation Center  
Friday, 4 - 11 p.m., Saturday, 8 a.m. - 11 p.m., Sunday 8 a.m. - 6 p.m., 669-1361

**April 28**  
**Hospice Beach Stroll**  
The Palm Pavilion  
18 Bay Esplanade  
Registration 8 a.m., 9 a.m.

**Fun 'N Sun Country Concert**  
Coachman Park  
301 Drew St., 562-4800

**Sailing For Everyone**  
Clearwater Community Sailing Center  
1001 Gulf Blvd.  
9 a.m. - Noon, 517-7776

**April 29**  
**QFest Rocks the Park**  
Coachman Park,  
301 Drew St., 562-4800

For more information about our programs and events visit [www.myclearwater.com](http://www.myclearwater.com) and look for the F.I.T.S. Parks and Recreation Program Guide or call 562-4800.